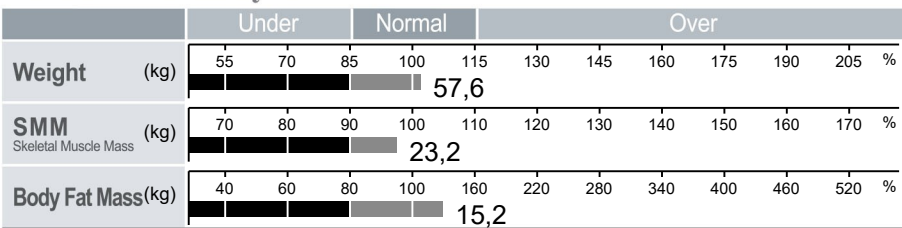


ID bp830727	Height 162cm	Age 33	Gender Female	Test Date / Time 2017.05.12. 07:24
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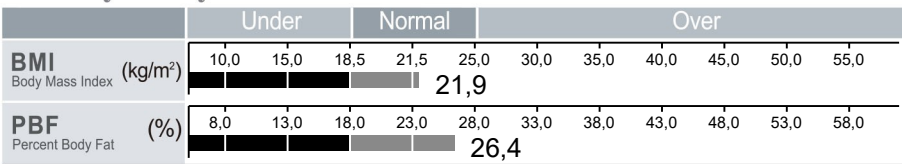
## Body Composition Analysis

Total amount of water in body	<b>Total Body Water</b>	(L)	31,0 ( 28,7~35,1 )
For building muscles	<b>Protein</b>	(kg)	8,4 ( 7,7~9,4 )
For strengthening bones	<b>Minerals</b>	(kg)	3,04 ( 2,66~3,25 )
For storing excess energy	<b>Body Fat Mass</b>	(kg)	15,2 ( 11,3~18,1 )
Sum of the above	<b>Weight</b>	(kg)	57,6 ( 48,0~64,9 )

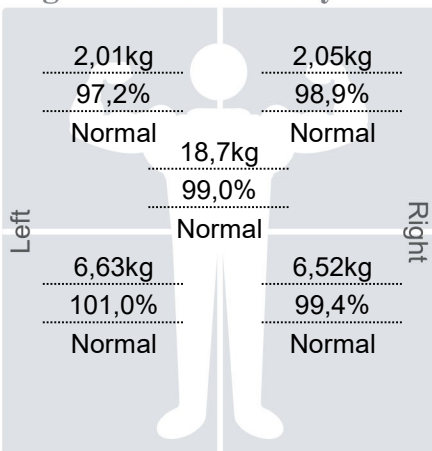
## Muscle-Fat Analysis



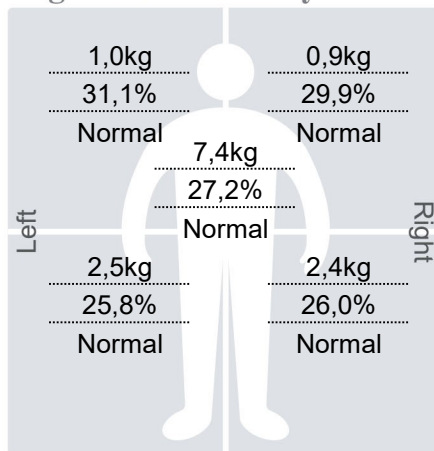
## Obesity Analysis



## Segmental Lean Analysis

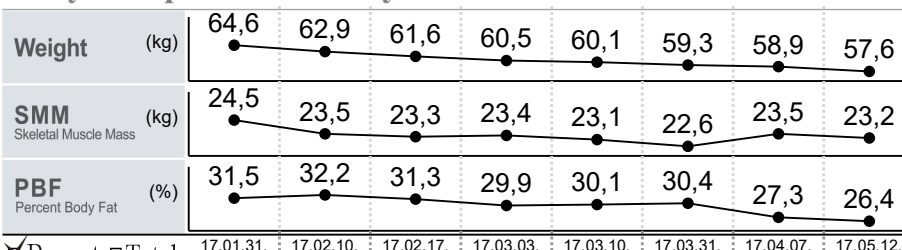


## Segmental Fat Analysis



\* Segmental fat is estimated.

## Body Composition History



## InBody Score

**77** / 100 Points

\* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

## Weight Control

Target Weight	56,4 kg
Weight Control	- 1,2 kg
Fat Control	- 2,2 kg
Muscle Control	+ 1,0 kg

## Research Parameters

Fat Free Mass	42,4 kg
Basal Metabolic Rate	1286 kcal
Waist-Hip Ratio	0,84 ( 0,75~0,85 )
Visceral Fat Level	6 ( 1~9 )

## Calorie Expenditure of Exercise

Golf	101	Gateball	109
Walking	115	Yoga	115
Badminton	130	Table Tennis	130
Tennis	173	Bicycling	173
Boxing	173	Basketball	173
Mountain Climbing	188	Jumping Rope	202
Aerobics	202	Jogging	202
Soccer	202	Swimming	202
Japanese Fencing	288	Racketball	288
Squash	288	Taekwondo	288

\*Based on your current weight  
\*Based on 30 minute duration

## Impedance

	RA	LA	TR	RL	LL
<b>Z(Ω) 20 kHz</b>	401,4	407,1	25,8	298,0	287,4
<b>100 kHz</b>	360,8	370,6	22,5	264,3	252,8